

TIGER ROCK CLASS SCHEDULE



SCAN FOR
CURRENT
CLASS
SCHEDULE

TIGER CUBS

4 & 5 YEAR OLDS

MON 4:00p
WED 4:00p
THURS 5:00p
SAT 9:00a

JUNIOR WHITE/YELLOW

6 - 11 YEARS

MON 4:45p
TUES 5:00p
WED 4:30p
THURS 5:30p
SAT 9:00a

JUNIOR GREEN

6 - 11 YEARS

MON 5:30p
TUES 4:00p
WED 5:30p
THURS 4:00p
SAT 10:00a (floor 2)

JUNIOR BLUE

6 - 11 YEARS

MON 5:30p
TUES 4:00p
WED 5:30p
THURS 4:00p
SAT 11:00a

JUNIOR BROWN/RED/BLK

6 - 11 YEARS

MON 6:30p
TUES 5:00p
WED 5:30p
THURS 5:30p
SAT 11:00a

TEEN & ADULTS

12 AND OLDER

MON 6:30p (w/yellow floor 2)
TUES 6:00p
WED 6:30p
THURS 6:30p
SAT 10:00a



Jason Griffin's
Taekwondo Academy



TKDJASON

601-977-9000



ON-TIME POLICY
Tiger-Rock has a strict on-time policy. Students are not allowed on the mat 7 minutes or more after class start time.

