TIGER ROCK | CLASS SCHEDULE

SCAN FOR CURRENT CLASS SCHEDULE

TIGER CUBS
4 & 5 YEAR OLDS

MON 4:00p
WED 4:00p
THURS 5:30p
SAT 9:00a

JUNIOR WHITE/YELLOW
6 - 11 YEARS

MON 4:45p
TUES 5:00p
WED 4:45p
THURS 6:00p
SAT 9:00a

JUNIOR GREEN
6 - 11 YEARS

MON 5:30p
TUES 4:00p
WED 5:45p
THURS 4:00p
SAT 10:00a (floor 2)

JUNIOR BLUE
6 - 11 YEARS

MON 5:30p
TUES 4:00p
WED 5:45p
THURS 4:00p
SAT 11:00a

JUNIOR BROWN/RED/BLK
6 - 11 YEARS

MON 6:30p
TUES 5:00p
WED 5:45p
THURS 6:00p
SAT 11:00a

TEEN & ADULTS
12 AND OLDER

MON 6:30p (w/yellow floor 2)
TUES 6:00p
WED 6:45p
THURS 8:00a & 7:00p
SAT 10:00a

WEAPONS

THURS 5:00p

TIGER-ROCK MARTIAL ARTS

Jason Griffin's Taekwondo Academy

TKDJASON

601-977-9000

ON-TIME POLICY
Tiger-Rock has a strict on-time policy. Students are not allowed on the mat 7 minutes or more after class start time.